

Compare Courses & Fees

Transform your own life and help others reach their potential by completing Mindful Institute's industry-accredited and award-winning Meditation and Holistic Counselling training. Start creating a career you love today!

Choose a level of study that suits your needs and interests. The Foundation Certificate flows to the Advanced Certificate and the Advanced Practitioner flows to the Master Practitioner. Students graduate with certain qualifications and specialist postgraduate certificates at each stage.

Subject	Meditation Teacher	Corporate Stress Management	Meditation & Holistic Counselling	Meditation & Holistic Counselling	Holistic Counselling	Postgraduate Certificates
Qualification	CERTIFICATE*	PRACTITIONER	ADVANCED CERTIFICATE	ADVANCED PRACTITIONER	MASTER PRACTITIONER	CERTIFICATE
Level	Foundation	Workplace	Advanced	Specialist (2 electives)	Master	Graduate
No. of Units	1 Unit	3 Units	4 Units	6 Units	16 Units	1 Unit Each
Study Hours	120 Hours	220 Hours	360 Hours	520 Hours	1,100 Hours	80 Hours Each
Length	3 Months	3-6 Months	6-12 Months	8-15 Months	1½ -2½ Years	2 Months Each
Pay in FULL Fee	\$995 FULL	\$1,795 FULL	\$2,095 FULL	\$2,795 FULL	\$4,150 FULL	\$440
Payment Plan Fee	\$1,145 PLAN	\$2,065 PLAN	\$2,410 PLAN	\$3,215 PLAN	\$4,770 PLAN	N/A
Payment Plan Deposit	\$229 deposit	\$330 deposit	\$330 deposit	\$330 deposit	\$330 deposit	N/A
Length of Plan	10-week plan	18-week plan	22-week plan	30-week plan	45-week plan	N/A
Plan Weekly Payments	\$91.60 p/w	\$96.39 p/w	\$94.55 p/w	\$96.17 p/w	\$98.67 p/w	N/A
No. of Qualifications	1 Qualification	2 Qualifications 2 Certificates	2 Qualifications 3 Certificates	3 Qualifications 5 Certificates	4 Qualifications 10 Certificates	20 to choose from

^{*} Graduates of the foundation program, Certificate in Meditation Teaching, can access Mindful Institute's 20 specialist Postgraduate Certificates.